

		Active Mobilization							
		Shoulder					Elbow		
Muscle strength within normal limits (5/5)		Anterior Elevation	Extension	Abduction	Adduction	Internal Rotation	External Rotation	Flexion	Extension
Loss of Amplitude of Movements	Normal limits (Normal ± a few degrees)	0	0	0	0	0	0	0	0
	Loss of approximately 10%	1	0.5	1	0.5	1	0.5	1	1
	Loss of approximately 25%	4	1	4	1	2	0.5	9	5
	Loss of approximately 50%	10	2	10	2	4	2	20	10
	Loss of approximately 75%	15	3	15	3	5	3	30	26
	Loss of 90% or more	21	5	21	5	8	5	35	35
	Total ankylosis in normal position of function	44						30	
	Total ankylosis in faulty position	65						35	
Muscle Weakness	Complete active movement against moderate resistance (4/5)	4	1	4	1	2	0.5	9	5
	Complete active movement against gravity (3/5)	10	2	10	2	4	2	20	10
	Complete active movement with gravity eliminated (2/5)	15	3	15	3	5	3	30	26
	Nonexistent active movement or limited to palpable contractions	21	5	21	5	8	5	35	35

Total of Overall Weighted Evaluation = _____ Points